

Yellowknife Association for Community Living



FASD Peer Support Group



**The Peer Support Group
provides support for youth
and adults affected by FASD.**

YKACL FASD services are
FREE of charge and a
diagnosis is not needed to
access our services.

WEEKLY SUPPORT (Tuesdays)

Every Tuesday at Abe Miller Building we get together and share a home cooked meal. Then we participate in activities and workshops. These can include, but are not limited to:

- life skills, such as healthy active living, cooking, first aid
- community field trips, cookouts and hikes
- relaxing and recreational evenings with games, music and movies

ONE ON ONE SUPPORT

Everybody needs a little help sometimes. We can help you reach your goals by providing advocacy and personal support.

If we can't help we'll refer you to the right person/place.



**FRIEND US ON FACEBOOK SEARCH FOR
PEER SUPPORT GROUP**

FASD Peer Support Group
Abe Miller Building
4912 53 Street



Contact us for Information and/or Support.
We are available Monday to Friday from
8:30AM-4:30PM.

Community Living Office
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